

The County of San Diego links homeless San Diegans who suffer from mental illness to supportive housing as a first step towards stability and recovery.

34th Street

4637 34th Street | San Diego, CA | 92116

DEVELOPERS

Townspeople www.townspeople.org

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Project Description

The 34th Street development is an affordable supportive housing community for individuals and families in Normal Heights.

Built in 1969, the property was acquired and rehabilitated by Townspeople. Of the 34 apartment units, 5 are designated for adults with serious mental illness (SMI), who are eligible for supportive services under the Mental Health Services Act (MHSA) housing program. This program is part of a larger initiative by the County of San Diego Health and Human Services Agency (HHSA), Behavioral Health Services (BHS) to link individuals with serious mental illness who are homeless or at risk of homelessness to permanent housing and social services. The remaining units are available to low-income families and individuals.

TOTAL PROJECT COST \$6,626,264 MHSA CAPITAL FUNDS \$370,610

34th Street

Total Affordable Units 34

MHSA Units 5

Completion Date April 2011

Townspeople belie

Project Amenities

Townspeople believes it is essential to make property improvements that enhance the property's aesthetic and practical value, while preserving the distinctive architectural character of the community. 34th Street adds a modern feel to the Normal Heights neighborhood. Amenities include on-site management, on-site laundry facility, gated entry, courtyard area, and 34 off-street parking spaces.







Courtyard after renovation

Full Service Partnership:

Community Research Foundation





Why is this project here?

Residents of 34th Street need easy access to doctors, medical services, transportation and social supports to obtain an improved quality of life. Townspeople selected the bustling and thriving Normal Heights neighborhood to help residents find their independence in a safe, supportive environment amongst peers and neighbors.

Centrally located, 34th Street is an ideal location that allows residents to reach their appointments, go to school and travel throughout the city using bus routes along El Cajon Boulevard and Adams Avenue that provide easy connection to the trolley. Normal Heights has grocery stores, coffee shops, pharmacies, and an eclectic array of local shops. It is a short trip away from Hillcrest and two of the area's best hospitals.

Townspeople is a Community Housing Developer that has focused on the needs of low-income people living with HIV/ AIDS and other special needs for more than 26 years, providing voluntary and free supportive services based on the belief that everyone should have access to affordable, quality housing. Townspeople understands that providing supportive services to residents with special needs saves a significant amount of money in social services and knows that these vital services are proven to help people achieve better physical and mental health outcomes. Townspeople's philosophy is that everyone needs a place to call home and that housing with supportive services should be available and accessible for residents to utilize.

Supportive services at 34th Street include housing and case management services that enable residents to obtain food, clothing, furniture, transportation, employment assistance, job training and connect them with more than 200 social service agencies. All residents have access to a free food pantry.

What is MHSA "supportive housing"?

Supportive housing is a community-based service model that provides housing integrated with support services such as: mental health services, primary health care, alcohol and drug services, case management, and social services to help homeless individuals with mental illness gain stability and live more productive lives.

Supportive housing consists of two main components: permanent housing, and social and mental health services. The combination of a stable home, coupled with access to mental health and social services, medical care, counseling, education and employment, has been proven to benefit not only the participants, but their neighborhoods and communities as a whole.

As of January 2018, an estimated 8,576 people are homeless in San Diego. Roughly 30 percent of unsheltered homeless individuals have mental illness, a major contributing factor to their homelessness.

BHS is partnering with service providers and housing developers to address the dual stigmas of homelessness and mental illness. The partnership recognizes that housing matters, because a stable home in combination with social and mental health services can break the cycle of homelessness.

Home is where recovery begins.

For more information about:

MHSA's Housing Matters campaign www.HousingMattersSD.org

Townspeople www.townspeople.org (619) 295-8802

The FSP Provider:

Community Research Foundation-IMPACT www.comresearch.org (619) 275-0822



